



LUPA

ITALIAN RESTAURANT
AND BAR

LUNCH MENU

ONE COURSE £8.95 TWO COURSE £11.95 THREE COURSE £14.95

Served daily till 2.30 excluding Sundays and Bank Holidays

STARTERS

GARLIC BREAD (V) GARLIC BREAD WITH MOZZARELLA CHEESE (V)

ZUPPA DEL GIORNO Fresh home-made soup of the day

FUNGHI On toasted focaccia with garlic, thyme and gorgonzola

CRAYFISH AND SMOKED SALMON COCKTAIL Served on a crispy leaf salad with mary rose dressing

LUPA LUNCH ANTI PASTO MISTO Selection of cured Italian meats served with bruschetta

MAIN COURSES

POLLO MILANESE Bread crumbed chicken breast, served with Spaghetti Napolitano

POLLO CACCIATORA Lupas hunters chicken breast braised in tomato with roasted peppers, shallots, chorizo, thyme and white wine sauce

FILETTO DI MAIALE Pan fried fillet of pork in garlic butter on crushed new potatoes

SERVED WITH VEGETABLES AND POTATOES OF THE DAY

PIZZAS

MARGHERITA (V) Tomato and mozzarella

CALABRESE Garlic, fresh chili, spicy salami, tomato and mozzarella

QUATTRO FORMAGGI (V) Dolcelatte, goats cheese, parmesan, mozzarella and tomato

POLLASTRO Chicken, spicy salami, roasted red onions, fresh chillies, tomato and mozzarella

CAPONATA (V) Roasted peppers, courgettes, red onions, tomato & mozzarella

PASTA

SPAGHETTI ALLA PUTTANESCA (V) Spaghetti in a rich tomato sauce of anchovies, capers, chilli, garlic and basil

SPAGHETTI CARBONARA Traditional recipe of smoked pancetta, cream, parmesan and egg sauce

LASAGNA TRADIZIONALE Layers of pasta with beef ragu, béchamel and mozzarella

SPAGHETTI GAMBERETTI (V) Spaghetti with king prawns, a hint of chili and garlic, cherry tomato and basil in extra virgin olive oil

CASARECCE ARRABBIATA (V) Chilli and garlic in a rich tomato and herb sauce

With spicy Italian Sausage

FETTUCCINI TRAVIATA Chicken, pancetta and mushroom in a creamy tomato sauce

CASARECCE GENOVESE Beef and veal chunks cooked with pancetta, carrots, celery, onion and white wine

GNOCCHI DI PATATE Potato gnocchi with fresh beef tomato, basil and roasted garlic with a green pesto dressing

RISOTTO With wild mushrooms, cream, white wine and parmesan

GLUTEN FREE PENNE PASTA AVAILABLE ON REQUEST

DESSERTS

PLEASE SEE OUR BOARDS

FOR ALL THE LATEST VISIT LUPARESTAURANT.CO.UK

(V) THESE DISHES DO NOT CONTAIN MEAT OR FISH PRODUCTS

WE CANNOT GUARANTEE THE ABSENCE OF NUTS IN ANY OF OUR DISHES. PLEASE NOTE OUR FOOD MAY CONTAIN SMALL BONES AND SEA FOOD SHELL FRAGMENTS. IF YOU HAVE ANY FOOD ALLERGIES PLEASE LET US KNOW. ALL PRICES ARE INCLUSIVE OF VAT. THERE IS A DISCRETIONARY 10% SERVICE CHARGE FOR PARTIES OF 6 OR MORE.

