



LUPA

ITALIAN RESTAURANT
AND BAR

LUNCH MENU

ONE COURSE £8.95 TWO COURSE £11.95 THREE COURSE £14.95

Served daily till 2.30 excluding Sundays and Bank Holidays

STARTERS

GARLIC PIZZA BREAD (V) GARLIC PIZZA BREAD WITH MOZZARELLA CHEESE (V)

BREADED BUTTERFLY PRAWNS Served with sweet chilli sauce

FUNGHI Porcini mushrooms cooked with garlic finished off with white truffle oil and served on warm rustic bread

ZUPPA DEL GIORNO Fresh home-made soup of the day

DUCK AND ORANGE PATE Served on a bed of mango chutney with toasted fresh bread and a salad garnish

POLPETTE Hand rolled meatballs with sage and parmesan, served in a rich napolitana sauce and warm rustic bread

MAIN COURSES

POLLO AL LIMONE Tender chicken breast cooked in butter, fresh lemon white wine and parsley sauce

POLLO MILANESE Bread crumbed chicken breast, served with Spaghetti Napolitano

CHARGRILLED 6OZ RUMP STEAK served with peppercorn and red wine sauce* (*Subject to availability)

SERVED WITH VEGETABLES AND POTATOES OF THE DAY

PIZZAS

MARGHERITA (V) Tomato and mozzarella

CALABRESE Garlic, fresh chili, spicy salami, tomato and mozzarella

QUATTRO FORMAGGI (V) Dolcelatte, goats cheese, parmesan, mozzarella and tomato

POLLASTRO Chicken, spicy salami, roasted red onions, fresh chillies, tomato and mozzarella

CAPONATA (V) Roasted peppers, courgettes, red onions, tomato & mozzarella

PASTA

PENNE ARRABBIATA (V) Penne, chilli and garlic in a rich tomato and herb sauce

FUSILLI GIDANRO (V) Pasta with roasted peppers, courgettes, cherry tomatoes, garlic olive oil & pesto

SPAGHETTI BOLOGNESE Spaghetti with our classic slow cooked beef ragu

PENNE PRIMAVERA Penne, chicken, chilli, garlic, mushrooms & tomato sauce

SPAGHETTI CARBONARA Spaghetti with pancetta, in a traditional cream, parmesan and egg sauce

LASAGNA TRADIZIONALE Layers of pasta with beef ragu, béchamel and mozzarella

TAGLIATELLE SALMONE Tagliatelle, Smoked Salmon, and spinach with lemon and herb mascarpone

SPAGHETTI CON POLPETTE Spaghetti with hand rolled meatballs cooked in a napolitana sauce

GLUTEN FREE PENNE PASTA AVAILABLE ON REQUEST

DESSERTS

PLEASE SEE OUR BOARDS

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(V) THESE DISHES DO NOT CONTAIN MEAT OR FISH PRODUCTS

WE CANNOT GUARANTEE THE ABSENCE OF NUTS IN ANY OF OUR DISHES. PLEASE NOTE OUR FOOD MAY CONTAIN SMALL BONES AND SEA FOOD SHELL FRAGMENTS. IF YOU HAVE ANY FOOD ALLERGIES PLEASE LET US KNOW. ALL PRICES ARE INCLUSIVE OF VAT. THERE IS A DISCRETIONARY 10% SERVICE CHARGE FOR PARTIES OF 6 OR MORE.

