



LUPA

ITALIAN RESTAURANT
AND BAR

ANTIPASTI - THE IDEAL INTRODUCTION TO YOUR MEAL

MARINATED MIXED OLIVES WITH CHILLI (V) £3.95

SELECTION OF FRESHLY BAKED MIXED BREADS (V) £4.25
served with olive oil and balsamic dips

GARLIC PIZZA BREAD (V) £4.50 GARLIC PIZZA BREAD WITH MOZZARELLA CHEESE (V) £4.95

BRUSCHETTA (V) £4.95

Toasted ciabatta bread with chopped tomatoes, goats cheese and red onion marmalade

ANTIPASTO MISTO £11.95 OR £16.95

Parma ham, mortadella milano, salami napoli, tallegio and provolone cheeses,
mixed olives, mini bruschetta, roasted peppers and artichokes

ANTIPASTO PESCE £11.95 OR £16.95

Deep fried calamari, king prawns and scallops in garlic butter, a medley of tempura,
butterfly and filo prawns with a sweet chili dip, mixed olives, artichokes and mini bruschetta

PRIMI - STARTERS

FRITTI DI CALAMARI £8.95

Deep fried calamari served with a home-made alioli dip and salad garnish

ZUPPA DEL GIORNO (V) £4.95

Fresh homemade Soup of the day

ANATRA E ARANCIA PATÉ £7.25

Duck and orange paté served on a bed of mango chutney with toasted fresh bread and a salad garnish

FORMAGGIO (V) £6.50

Deep fried brie served with red currant jelly

FUNGHI (V) £6.95

Wild Mushrooms sautéed with garlic and thyme and served on toasted ciabatta

GAMBERONI £9.50

Pan fried king prawns in garlic butter finished off with a parsley white wine sauce

CAPELANTE £10.25

Searred scallops on wilted spinach, pernod tarragon veloute and potato dauphinoise

POLPETTE £6.95

Hand rolled meatballs with sage and parmesan, served in a rich napolitana sauce and warm rustic bread

FOR ALL THE LATEST VISIT LUPARESTAURANT.CO.UK

(V) THESE DISHES DO NOT CONTAIN MEAT OR FISH PRODUCTS

WE CANNOT GUARANTEE THE ABSENCE OF NUTS IN ANY OF OUR DISHES. PLEASE NOTE OUR FOOD MAY CONTAIN SMALL BONES AND SEA FOOD SHELL FRAGMENTS.
IF YOU HAVE ANY FOOD ALLERGIES PLEASE LET US KNOW. ALL PRICES ARE INCLUSIVE OF VAT. THERE IS A DISCRETIONARY 10% SERVICE CHARGE FOR PARTIES OF 6 OR MORE.





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SECONDI PIATTI DI CARNE - MAIN COURSES

VITELLO SALTIMBOCCA £15.95

Pan fried veal escalope wrapped in parma ham in a butter, sage and white wine sauce

VITELLO FUNGHI £15.95

Pan fried veal escalopes with wild mushroom and shallots in a creamy marsala sauce

POLLO ALLA RUSTICA £15.95

Tender chicken breast stuffed with goats cheese, sun blushed tomato and spinach, wrapped in pancetta served on a bed of crushed potatoes with a sage veloute sauce

POLLO CACCIATORE £15.95

Lupa's Hunters Chicken. Tender Chicken breast braised in tomato with roasted peppers, shallots, chorizio, thyme and white wine sauce

FILETTO DI MAIALE £16.95

Panfried pork tenderloin fillet with shallots, white wine, wild mushrooms, Dijon mustard and cream, mash potatoes and deep fried leeks

ANATRA ARROSTO £18.95

Duck breast served with braised red cabbage, dauphinoise potatoes and red wine and honey sauce

FILETTO £22.50

Chargrilled 8oz beef fillet cooked to your liking and served with double cooked hand cut chips, grilled tomato and pan fried mushrooms

RUMP £19.95

12oz rump steak cooked to your liking, grilled mushrooms and tomato, double cooked hand cut chips

MEDAGLIONI DI FILETTO DI MANZO £22.50

Medallions of fillet steak cooked to your liking and served in a Dianne sauce with dauphinoise potatoes and vegetables of the day

LUPA'S SURF AND TURF £26.95

Chargrilled 8oz beef fillet cooked to your liking and served with a medley of seafood in garlic butter, with a Italian green salad and double cooked hand cut chips

**ALL MEAT MAIN COURSES ARE SERVED WITH POTATOES AND VEGETABLES OF THE DAY
UNLESS SIDES ARE OTHERWISE STATED**

SAUCE SUPPLEMENTS £2.50 EACH

Peppercorn, Dolcelatte or Diane

PESCE - DAILY FISH SPECIALS

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PASTA

SPAGHETTI BOLOGNESE £10.50

Spaghetti with our classic slow cooked beef ragu

PENNE ARRABBIATA (V) £9.50 PENNE ARRABBIATA WITH SPICY ITALIAN SAUSAGE £10.50

Chilli and garlic in a rich tomato and herb sauce

LASAGNA TRADIZIONALE £10.50

Layers of pasta with beef ragu, béchamel and mozzarella

SPAGHETTI CARBONARA £10.50

Traditional recipe of smoked pancetta, cream, parmesan and egg sauce

PENNE TRAVIATA £10.50

Penne, chicken, pancetta and mushroom in a creamy tomato sauce

FUSILLI GIDANARO (V) £9.95

Pasta with roasted peppers, courgettes, cherry tomatoes, garlic olive oil and pesto

SPAGHETTI CON POLPETTE £10.50

Spaghetti with hand rolled meatballs cooked in a napolitana sauce

SPAGHETTI MARINARA £13.95

Mixed pan fried seafood in virgin olive oil with hint of garlic and Napolitano sauce

SPAGHETTI CON FILLETO £14.95

Spaghetti with strips of fillet steak in a rich Napolitano sauce, with a hint a chilli

TAGLIATELLE SALMONE E GAMBERTTI £12.95

Tagliatelle, Smoked Salmon, succulent king prawns and spinach with lemon and herb mascarpone

RISOTTO (V) £9.95 RISOTTO WITH CHICKEN £10.50

With wild mushrooms, cream, white wine and parmesan

GLUTEN FREE PENNE PASTA AVAILABLE ON REQUEST

PIZZAS

MARGHERITA (V) £9.95

Tomato and mozzarella

AL CRUDO £10.95

Parma ham, rocket, parmesan, mozzarella and tomato

QUATTRO FORMAGGI (V) £10.50

Dolcelatte, goat's cheese, parmesan, mozzarella and tomato

POLLASTRO £10.95

Chicken, salami, red onion, chilli, mozzarella and tomato

VENETIAN £10.95

Ham, chicken, salami, mushrooms, mozzarella and tomato

DELLA CASA £11.50

Ham, mushrooms, olives, onion, peppers, anchovies, mozzarella and tomato

TORINO £10.95

Ham, mushrooms, mozzarella and tomato

**MAKE ANY PIZZA A CALZONE £1.50
ADDITIONAL TOPPINGS £1.50**

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INSALATE - SALADS

INSALATA POLLO £6.95 / £9.95

Chargrilled chicken breast on mixed crispy salad leaves, spring onion and cherry tomatoes, parmesan shavings finished off with a sweet chilli dressing

CAPRESE £5.50

Sliced beef tomatoes, mozzarella with olive oil and basil dressing

INSALATA CON PROSCIUTTO DI PARMA £6.95 / £9.95

Fresh rocket with balsamic glaze syrup, parma ham, figs, roasted pine kernels and sweet peppers

CONTORNI - SIDES

MIXED HOUSE SALAD £4.00

HAND CUT CHIPS £3.50

PAN FRIED WILTED SPINACH £3.50

ROASTED NEW POTATOES £3.50

VEGETABLES OF THE DAY £3.50

DESSERTS

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